

National Webinar was held on 20th June 2020 on “Traditional remedies to Nutraceuticals”. A very insightful talk was given by Dr Vandita Srivastava Vice- President D&R Omni-Active Health Technologies, Pune, India on the herbs used daily in an Indian household. She discussed simple methods of extraction, isolation of the active ingredient and making of the formulations for use as nutraceuticals. The talk hit a chord with each and every participant, as everyone had something to take home, to name a few like Haldi being more beneficial to us, if dissolved in oil, the African marigold being used for the health of the retina in the eye, benefits of Safed and kala Til ka Tel etc. Overall the talk gave us a direction for a life style with high immunity by incorporating the Indian herbs in the Indian kitchen, to ward off COVID-19.



Presents



National Webinar on Traditional Remedies to Nutraceuticals

Date: 20th June 2020 Time: 11.00am

**Please register at the
link given below**



**Speaker : Dr Vandita
Srivastava**

Vice-President D&R Omi-Active
Health Technologies, India

The pharmacological treatment of disease began centuries back with the use of herbs. Dr Vandita Srivastava will discuss methods of folk healing using herbs and will take us through a journey of Traditional remedies to Nutraceuticals.



*Dr Anil Kumar
Agarwal*

Patron



*Dr Vandana
Upreti*

Principal

**Convener:
Dr Ruchi Saxena
Associate Professor,
Chemistry**

**Co-Convener:
Dr Seema Singh
Associate Professor,
Zoology**

Please note :

- Zoom ID and Password will be shared one hour before the webinar through e-mail.
- E-Certificates will be provided to all participants who mark their attendance and submit the feedback form.